

BECKMAN CATHOLIC	MARCH LUNCH MENU				At least 50% of grains served are 51% or more whole grain rich
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	3	4	5	6 Friday in Lent	
	Breaded Pork Chop	Chicken Tenders	Soft Shell Taco	Grilled Cheese and	
	Mashed Potatoes & Gravy	Ranch Potato Wedges	Shr. Cheese/Shr. Romaine	Tomato Soup	
<b>NO SCHOOL</b>	Dinner Roll	Dinner Roll	Salsa/Diced Tomatoes	Steamed Broccoli	
	Steamed Corn	Steamed Carrots	Tortilla Chips	Fresh Fruit	
	Fresh Fruit	Fresh Fruit	Queso	Fruit Cocktail	
	Diced Pineapple	Mand. Oranges	Refried Beans	Fruit Slushie	
	Cookie	Vanilla Pudding	Fresh Fruit/Sliced Pears		
9	10	11	12	13 Friday in Lent	
Chicken Nuggets	Hot Dog on Bun	Stromboli	Super Nachos/Taco Meat	Garlic Cheese French Bread Pizza	
Mac-n-Cheese	Colossal Crisp Fries	Steamed Corn	Tortilla Chips	Marinara Sauce	
Steamed Peas	Steamed Mixed Vegetables	Fresh Fruit	Shr. Cheese/Shr. Romaine	Steamed Broccoli	
Fresh Fruit	Fresh Fruit	Mand. Oranges	Salsa/Diced Tomatoes	Fresh Fruit	
Diced Apricots	Sliced Peaches	Craisins	Refried Beans	Fruit Cocktail	
Applesauce Cups	Rice Krispie Treat		Fresh Fruit/Diced Pineapple	Apple Crisp	
		<b>**Don't forget salad bar**</b>	Strawberry Shortcake		
16	17 St. Pat's Day	18 6th grade after C Lunch	19	20 Friday in Lent	
Hamburger on Bun	Corn Dogs	Diced Chicken over Noodles	BBQ Pork Sandwich	French Toast	
Colossal Crisp Fries	Tator Tots	Breadstick	Baked Chip Variety	Syrup	
Steamed Carrots	Steamed Green Beans	Steamed Broccoli	Bush's Baked Beans	Egg Patty	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Tri-Tators	
Sliced Pears	Mixed Fruit	Mand. Oranges	Sliced Peaches	Fresh Fruit	
Brownie	GREEN J*E*L*L*O	Applesauce Cups	Fruit Bomb Pop	Blueberries	
23	24	25	26	27 Friday in Lent	
Fettuccini Alfredo with chicken	Chili with crackers	Spaghetti with Meat Sauce Garlic Toast	Chicken Fajita Shr. Cheese/Shr. Romaine	Pizza Crunchers Marinara Sauce	
Garlic Breadstick	Cinnamon Roll	Steamed Mixed Vegetables	Salsa/Diced Tomatoes	Breadstick	
Steamed Peas	Steamed Corn	Fresh Fruit	Refried Beans	Steamed Broccoli	
Fresh Fruit	Fresh Fruit	Sliced Peaches	Tortilla Chips/Queso	Fresh Fruit	
Sliced Pears	Cinnamon Applesauce	Craisins	Fresh Fruit	Fruit Cocktail	
	Fruit Slushie		Diced Pineapple	Applesauce Cup	
30	31				
Orange Chicken	Weiner Wink			Some of our variety of fresh fruit that we serve...	
Asian Seasoned Rice	Colossal Crisp Fries			strawberries, apples, grapes,	
Stir Fry Vegetables	Bush's Baked Beans			watermelon, cantelope,	
Fresh Fruit	Steamed Mixed Vegetables			bananas, clementines, kiwi,	
Mand. Oranges	Fresh Fruit			Blueberries, oranges, etc.	
O'Henry Bar	Sliced Pears				
	Cookie				

**Peanut Butter or a Deli (Ham or Turkey) Sandwiches are available as an alternate to the main entree every day! (M-F)**

**\*\*\*ONLY PEANUT BUTTER SANDWICHES will be offered as alternate option on Fridays during Lent\*\*\***

\*\*\*We will offer a HOT Pizza alternative entree item on Tuesdays and Thursdays - variety of pizza, french bread pizza, pizza crunchers\*\*\*

We will offer a Fresh Salad Bar Daily with Romaine Shredded Lettuce, Chopped Lettuce, and Spinach and a variety of other raw veggies.

Some examples of Veggies will be: Carrots, Red Peppers, Cucumbers, Broccoli, Celery, Cauliflower, Green Peppers, Cherry Tomatoes, and Radishes.

**Each meal includes a choice of: 1% white milk or 1% chocolate milk or Skim White Milk or Skim Strawberry Milk**

**This institution is an equal opportunity provider**